

## FOOD BANKS TACOMA CONT.

St. Leo Food Connection 1323 South Yakima  
253-383-5048 Open T & Th 12pm-6pm;  
W & F 9:30am-3:30 pm; Sat 9:30am-1:30pm.

*Bring proof of residence, verification of HH members*

TACS Special Diet, 3108 Portland Ave  
253-272-8289 Open M-Th 10am-2:30pm

Trinity Lutheran Church Food Pantry 12115 Park Ave  
S. 253-537-0201 Open T & F 11am- 3pm

## HOT MEALS

Hospitality Kitchen, 1323 South Yakima, Tacoma  
253-502-2761 Open M 6:30am-12:30pm,

T & W 6:30am-5:00pm; Th & F 6:30am-12:30pm

My Sister's Pantry 621 Tacoma Ave. Tacoma

253-627-1186 Open M 5pm-7pm,

Sat 10:30am-12:30 pm, 1st & 3rd Monday, 4th Sat

Tacoma Rescue Mission, 425 S Tacoma Way, Tacoma  
253-383-4493 Open M-Sun 6am-6pm

## SENIORS

Catholic Community Services

253-502-2748

DSHS Aging and Disability, Senior Information and  
Assistance, 800-562-0332

Lutheran Community Services Northwest

253-272-8433

Meals on Wheels

253-474-1300 or 253-272-8433

South Sound Outreach Services

253-593-2111 *For seniors and disabled*

## LEGAL SERVICES

Fair Housing Center of WA

888-766-8800

Landlord/Tenant Program

747 Market St., Rm 250, Tacoma 253-591-5163

Walk-in Assistance W 9am-1pm

NW Justice Program (CLEAR)

888-201-1014

NW Justice Program (CLEAR) Senior Line

888-387-7111

## VETERANS SERVICES

VA Puget Sound Health Care System 253-583-2825

VA American Lake 9600 Veterans Dr., Tacoma

253-582-8440, 800-329-8387

Tacoma Rescue Mission Veterans Resource Center

425 S. Tacoma Way, Tacoma 253-383-4493 x1122

Homeless VA Social Worker Mondays 3pm-6pm

## TRANSITIONAL HOUSING

AM Access Point for Housing (AP4H)

901 S. 13th St, Tacoma 253-682-3401. Centralized  
intake for Pierce County housing/shelters

Adams Street Family Campus

2909 S Adams St. Tacoma, 253-383-4493

Colonial Apartments

701 Commerce St. Tacoma 253-627-2766

Hope Guest House

*for mentally disabled women on SSI/SSA* 253-627-3620

Tyler St. Family Campus

3202 S Tyler St. Tacoma 253-383-4493

## HOUSING PLACEMENT ASSISTANCE

AM Access Point for Housing (AP4H) 901 S. 13th St.  
Tacoma 253-682-3401. Centralized intake for Pierce  
County housing/shelters. After hours & weekends, go  
to Tacoma Rescue Mission or Tacoma Avenue Shelter

Affordable Housing and Rental

603 South Polk St. Tacoma 253-207-4400

Catholic Community Services Phoenix Housing

Network (AP4H) 253-682-3401

Congregational Based Affordable Housing

Susan Tiffany (AP4H) 253-383-3056

Family Permanent Housing (AP4H)

253-682-3401

Network Tacoma,

5435 S M St, Tacoma 253-471-9334x 100. *Families*

Pierce County Housing Authority

603 Polk St. South, Tacoma 253-620-5400

Salvation Army of Tacoma 1521 6th Ave, Tacoma  
(AP4H) 253-682-3401

Shared Housing Services (AP4H)

253-682-3401

Tacoma Housing Authority,

902 S. L Street, Tacoma 253-207-4400

VA Puget Sound Health Care System

253-583-2825

VA Puget Sound American Lake Division

9600 Veterans Dr., Tacoma 253-582-8440,

800-329-8387. *Homeless veterans services.*

YWCA Family Permanency Project

253-272-4181 x 229. *Housing assistance for domestic  
violence survivors and their children.*

## TRANSPORTATION

Pierce Transit 253-581-8000, Shuttle 253-581-8100.

*For the Disabled*

Around the Sound 253-858-7088

Local Motion 253-539-8233 *Special Needs Transport*

Paratransit 800-925-5438 *For Medical Appointments*

Sound Transit 888-889-6368

Transpro 888-418-2672 *Special Needs Transport*

## COMMUNITY RESOURCES FOR NORTH PIERCE COUNTY

**CRISIS** *For emergency dial 911*

Mental Health Crisis Line 800-576-7764

Warm Line 877-780-5222

Domestic Violence Helpline 800-562-6025

Sexual Assault Crisis Line 800-756-7273

## GENERAL INFORMATION

Associated Ministries

901 S. 13th St. Tacoma 253-383-3056 AM Access Point for  
Housing (AP4H), Coordinated Entry Services 253-682-3401  
Community Resource Connection Center, Representative and  
Protective Payee Services, Homeless Mail Services, Family  
Emergency Fund, multiple faith-based, family, adult, and  
youth housing programs

Nativity House— Catholic Community Services

702 S 14th St. Tacoma 253-502-2780 Open 7:00am-5:00pm  
everyday including weekends and holidays

Services are provided 365 days per year and include hot  
meals, day shelter, overnight shelter, mental health and  
chemical dependency assessments and referrals, rapid re-  
housing, access to mainstream public benefits such as  
Medicare and SSI, and job training.

DSHS Tacoma Home and Community Services (HCS)

800-442-5129

Pierce County Community Services

253-798-4500

United Way Help Line

211, 877-211-9274

## EMERGENCY SHELTERS

Catholic Community Services Tacoma

Avenue Men's & Women's Shelters

1142 Ct E, Tacoma. Open daily 5:30 pm-7am

Tacoma Rescue Mission Family Shelter

425 S. Tacoma Way, Tacoma 253-383-4493

Open daily 8am-4:30 pm

Tacoma Avenue Housing,

Tacoma Ave. & 15th St. Tacoma

## DOMESTIC VIOLENCE SHELTERS

Domestic Violence Helpline 800-562-6025

Family Renewal Shelter

253-475-9010, 888-550-3915

Korean Women's Association 253-359-0470

YWCA Women's Support Shelter 253-383-2593



## HOMELESS BASIC SERVICES

### Associate Ministries

Coordinated Entry Services: 253-682-3401

### Catholic Community Services

253-502-2748

### Guadalupe House 1417 S. G St. Tacoma

253-572-6582

### Lutheran Community Services Northwest

253-272-8433

### Network Tacoma 5435 S M St. Tacoma

253-471-9334 x100

### Project Homeless Connect

1106 Martin Luther King Jr Way, Tacoma

253-593-2111

### Salvation Army of Tacoma 1521 6th Ave,

Tacoma (AP4H) 253-682-3401

### Society of St. Vincent de Paul

4009 S. 56th St. Tacoma 253-474-0519

(Multiple locations throughout

Gig Harbor & Tacoma)

### Tacoma Homeless Coalition

747 Market St., Tacoma 253-591-5062

## MENTAL HEALTH

### Comprehensive Life Resources

1305 Tacoma Ave S Ste #305, Tacoma

253-396-5800.

*Outpatient and residential programs*

### Health Care for the Homeless

2342 Tacoma Ave S, Tacoma 253-627-5445

### MDC Mental Health Clinic

721 S Fawcett St Ste #101, Tacoma

253-284-7854

### Sea Mar Gig Harbor Behavioral Health

6659 Kimball Dr, Ste #C305,

Gig Harbor 253-280-9888.

*Children and adults*

### Sea Mar Tacoma Behavioral Health Center.

1516 S 11th St, Tacoma

253-280-9890. *Children and Adults*

## PROTECTIVE SERVICES

### Child Abuse Prevention Resources

800-422-4453

### Child Protective Services (CPS)

800-762-4902

### Crystal Judson Family Justice Center

718 Court E., Tacoma, 253-798-4166

### YMCA

1144 Market St. Tacoma , 253-272-4181

## SUBSTANCE ABUSE

### Alcohol and Drug Helpline 800-562-1240

### Christian Biker Tabernacle 2702 E 112th St. Tacoma

253-677-4791 Very strict Christian-oriented program for

homeless men and women

### Health Care for the Homeless,

2342 Tacoma Ave S, Tacoma 253-627-5445

### Hope Guest House

253-627-3620, *For disabled women on SSI/SSA*

### MDC Detox Center

721 Fawcett Ave, Tacoma 253-593-2413. *Must be over 13*

### MDC Sobering Center

721 Fawcett Ave, Tacoma 253-284-9066

### New Phoebe House

253-383-7710 *Live in program for women and their kids.*

### Pierce County Health Dept Needle Exchange Van

37th & Pacific Ave, Tacoma 253-272-4857 M-W-F 9:30am-4pm

### Pioneer Human Services Chance for Change

311 S 9th St. Tacoma, 253-272-5486

*For adults and families. Must be 30 days sober.*

### Point Defiance AIDS Project Needle Exchange Van

S. 14th and G St., Tacoma 253-381-5229 M-W-F 11am-4pm

### Prosperity Wellness Center

5001 112th St E Tacoma 253-531-2103 *Women.*

### Sea Mar's Tacoma Treatment Center

1415 Center St. Tacoma 253-280-9860

### Tacoma Rescue Mission

253-383-4493 (Jefferson Square, New Life)

## MEDICAL AND DENTAL SERVICES

### All Saints Community Services

253-848-2000 *Prescription Assistance*

### Community Health Care Clinics

253-597-4550. Multiple locations.

### Health Care for the Homeless

2342 Tacoma Ave S, Tacoma 253-627-5445

### Neighborhood Clinic 1323 S Yakima, Tacoma

253-627-6353 M & Th, 4:30pm

### Pierce County Project Access

223 Tacoma Ave S 253-572-7265

### Public Health Nurse Referral

253-798-6403 *Maternity and kids only.*

### Puyallup Tribal Health Authority

2209 E 32nd St, Tacoma 253-593-0232

### South Sound Outreach Services

253-593-2111. *Prescription Assistance.*

### Trinity Health Care Clinic

1615 6th Ave Tacoma 253-272-8819 T only 5pm-7pm

## FOOD BANKS TACOMA

Allen AME Food Pantry, 1223 MLK Jr. Way 253-627-6855

Open T & Th 10am-1pm *Blue Allen Food Bank ID card*

### Bikers Against Statewide Hunger (B.A.S.H.)

118-141st St Ct. S 253-531-9600 Open W & Th 10am-2pm

*ID and proof of residency.* Delivery available.

### Bounty Food Bank

5634 South Park 253-475-7098. Open M 9am-11am.

*Need proof of residency*

Brown's Point Food Bank, 5339 Browns Point Blvd.

253-927-3188 Open F 4:30pm-6pm. *ID requested*

### Eloise Cooking Pot, 3543 East McKinley Ave

253-426-1994 Open T & F 12-4pm; Sat 11am-2pm

*ID required.* Home Delivery for seniors & disabled,

T, Sat 11am-2pm

### Food Connection— Spring Brook Mobile Food Bank, Spring

Brook Park 253-383-5048 Cari Tillery Saturday 11am-3pm

### Gateway Church

7310 12th Ave E 253-537-6619 Open Th 5pm-7pm

### Giaudrone Middle School Mobile FISH,

49020 S. Alaska 253-383-3164

Open M and W 4:30pm-6:30pm

### Holy Family of Jesus Cambodian Church

Southeast Asian Diets

1427 E 40th St. 253-472-7264. *By appointment only.*

### Mason United Methodist Church Northwest

### Tacoma FISH

2710 N. Madison 253-756-4974

Open W 12-4pm; Sat 11:30am-3pm

### My Sister's Pantry

621 Tacoma Ave 253-627-1186

Open M 5pm-7pm; S 10:30am-12:30pm

1st & 3rd Monday and 4th Saturday

### Network Tacoma,

5435 S. M St. 253-474-9334 Open T 1pm-2pm

### New Jerusalem Food Bank,

1101 South J St. 253-572-6785 Open T 11am-1pm;

Sat 11am-2pm. *Call Ahead.*

### Parkland First Baptist Food Bank

11222 10th Ave S 253-535-1293 Open T & Th 11am-3pm.

*Proof of residency and picture ID*

### Pregnancy Aid 902 Market St. 253-383-4100,

Open M-W-F 10am-1:30 pm

### Salvation Army Food Bank

1501 6th Ave 253-841-1491 Open T-F 10:30am– 3pm.

*Must apply in person*

Southeast Tacoma FISH 1704 E. 85th St 253-531-4530 Open

M & F 11am-4pm; W 11am-6pm