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Contact Information:
Laurel McQuade, PIO
253-896-8606



Fife Area Swim Team Brings SwimJitsu to Fife in June

FIFE, WA – [SwimJitsu](#) is coming to the Fife Aquatic Center to challenge swimmers in Washington to conquer the mash-up of in water obstacle course and swimming skills from 9 a.m.-6:15 p.m. on Saturday, June 17th. The Fife Aquatic Center is one of only 11 locations in the country to host the aquatics obstacle course.

SwimJitsu participants, also known as “swimjas,” aim to complete entertaining obstacles such as balancing across beams, swimming through trenches and racing to beat the clock. Once participants conquer the course and the three sacred traits of speed, agility and wisdom, they can claim the title of Grand Master Swimja. SwimJitsu is fun for participants of all ages and skill, even those just beginning their swimming journey.

[Watch](#) SwimJitsu in action.

“We’ve taken SwimJitsu to the next level by adding more locations so that more participants can experience the fun of SwimJitsu and see what the sport of swimming offers,” said USA Swimming Marketing Director **Jim Fox**.

There will be four waves of two-hour sessions for participants to attempt unlimited runs on the course. Each timed shift requires a registration. Participants can register for one of the five waves:

- Wave 1: 9 a.m. to 11 a.m.
- Wave 2: 11:15 a.m. to 1:15 p.m.
- Wave 3: 2:00 p.m. to 4:00 p.m.
- Wave 4: 4:15 p.m. to 6:15 p.m.

Advance registration is \$25 per two-hour block per person. Register online: <http://www.swimjitsu.com/fife-wa>

To find more information on SwimJitsu, including to register to participate, visit www.SwimJitsu.com. To join the fun online, visit the SwimJitsu [Facebook](#), [Twitter](#) and [Instagram](#) pages.

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